

About Plan B®



NARAL
Pro-Choice America Foundation

What is Plan B®?

Plan B® is an emergency contraceptive that can **prevent** pregnancy after sexual assault, contraceptive failure, or unprotected sex. When taken within 72 hours, it can substantially reduce the risk of pregnancy.

How can I get it?

If you are 18 or older, you can purchase emergency contraception at the pharmacy counter without a prescription or obtain the medication at a health care clinic. If you are under 18, in most states you will need to get a prescription from a doctor and fill the prescription at a pharmacy.

Nine states (Arkansas, California, Hawaii, Maine, Massachusetts, New Hampshire, New Mexico, Vermont and Washington) have laws in place that allow specially trained pharmacists to dispense Plan B to women without a prescription regardless of a woman's age. If you live in one of these states, ask your pharmacist for more information.

Is Plan B® the same as the abortion pill?

No, Plan B® will not work if you are already pregnant. The abortion pill is called RU 486 and requires a doctor's office visit.

Stock Plan B®

Join NARAL Pro-Choice America in the fight to persuade national pharmacy chains to adopt written, public corporate policies to stock Plan B® in all of their pharmacies. Find out more at www.ProChoiceAmerica.org/PlanB



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